

• MENTAL HEALTH
• DEVELOPMENTAL
DISABILITIES
• SUBSTANCE ABUSE

NORTH CAROLINA
**COUNCIL OF
COMMUNITY
PROGRAMS**

This special publication from the North Carolina Council highlights the Programs of Excellence Awards for 2010-2011. These narratives report the innovation and commitment that exemplifies community MH/DD/SA services in North Carolina.

Programs of Excellence...

It's
About
People



2010 - 2011 Excellence Award Winners

- ◆ Excellence in Partnership to Improve Services
East Carolina Behavioral Health
Beach Club of Dare County
- ◆ Excellence in Best Practices
Cumberland County Mental Health Center
Reclaiming Futures
- ◆ Excellence in Community Collaboration to Benefit Non Target Population Consumers
Mental Health Partners of Catawba County
Young Men of Integrity, The Cognitive Connection
- ◆ Excellence in Consumer Directed Supports
Pathways Mental Health, Developmental Disabilities & Substance Abuse
A Wellness Path- Recovery, WRAP & Peer Support
- ◆ Excellence in Partnership to Improve Services
Mental Health Partners
Point in Time Count
- ◆ Excellence in Crisis Response
East Carolina Behavioral Health
CIT Telecommunicator Training
- ◆ Excellence in Prevention/Outreach/Wellness
Mecklenburg County Area Mental Health
This Will Pass: Suicide Prevention
- ◆ Excellence in Public Awareness & Advocacy
CenterPoint Human Services
Fourth Annual FUNday

Beach Club of Dare County

East Carolina Behavioral Health

Grateful Parents, Happy Kids and Help for the Community

Parent's feedback...

"I am the mother of Caroline Parks. Caroline has been attending the Monarch Beach Club for over a year. Both Caroline and I have had the pleasure of meeting wonderful people that have changed both our lives. The creativity and initiative of the staff at the Monarch Beach Club is first class. I know I can depend on them to meet Caroline's needs. The tireless effort of the staff to render invaluable assistance to the members is very impressive. Because of their knowledgeable and helpful nature they provide a service to the community that is priceless. I never fail to be impressed by the flexibility of the program and the difference it has made in Caroline's life. Caroline wakes up every morning knowing she has a place to go that make her feel like she has friends to spend the day with doing things she enjoys. The Beach Club is priceless!"

Jean Parks

"I am the parent of a 21 year old son with autism. Having faced a lifetime of closed doors and waiting lists, being able to participate in the Beach Club is a breath of fresh air. The Beach Club projects enthusiasm and excitement ever where it goes. The response from friends, family and the community is always positive and supportive. Beach Club gives all of its members a choice to be included in work, play volunteering, friendships etc. Beach Club rocks."

Patty M.

The Community....

"I have had the pleasure of working with the Beach Club for the past year. The staff and members are awesome. They all bring so much life to the facility I work in. I look forward to seeing them every week and if for some reason they can't make it or I am out of the office, I am so disappointed. Watching each Beach Club member grow and learn brings so much joy to me. If I am having a bad day, all I have to do is hang out with the Beach Club gang and my day is so much better."

Sandy Scarborough, Director Dare County Center

"The Monarch Beach Club provides an option for learning for young adults with disabilities, some of whom previously had no options due to significant disabilities. It provides a bridge for our graduating senior students as they transition from school life to life after school. The Beach Club has worked cooperatively with a variety of community partners to procure the support of assistance needed for success. The social, vocational and educational possibilities are offered within the general mainstream of life here on the Outer Banks. It has been exciting to watch Beach Club evolve."

*Donna Stout Wells, PT, DPT
Physical Therapist, Dare County*

Beach Club of Dare County

East Carolina Behavioral Health



About the Program

The Monarch Beach Club is comprised of individuals with developmental and or intellectual disabilities age 18 and older living in Dare and Currituck Counties. The Beach Club is a collaborative effort of Monarch, East Carolina Behavioral Health (ECBH), community partners and Club members working together to achieve common goals.

The Club meets five days a week and they have several spots in the community where they go regularly to work on projects with other community members and to participate in volunteer services. The Beach Club Staff and Members are committed to improving not only their lives, but they are also committed to educating and enhancing the lives of people in the community by sharing their talents and gifts of insight. Beach Club Members give of their time and talent to the local animal shelter, the aquarium, working with the master gardeners, doing recycling for local businesses, and assisting in the food pantry among a variety of other things.

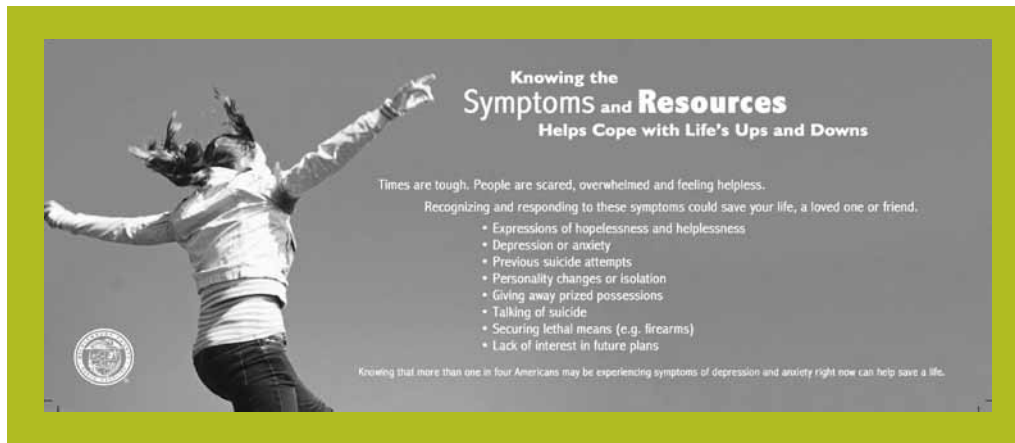
The following quote by a Beach Club member speaks volumes, "I have autism and I am fearless." So whether it is autism or any other type of "disability," Beach Club members are fearless and continue to ask the question "what great thing are we going to tackle next?"

For more information on the Beach Club, contact Renate Macchirole at (252) 256-0347 or at renate.macchirole@monarchnc.org.



This Will Pass: Suicide Prevention

Mecklenburg County Area Mental Health



Angela Oakes is a mother, a professional in the banking industry and a newly strengthened spokesperson for suicide prevention.

Many times in the past 10 years, Angela Oakes climbed into her car with the idea of killing herself. She'd press her foot on the accelerator, reaching 100 miles per hour. She'd watch the right side of the road to make sure there was no guard rail blocking her path and hope the crash would look like an accident. But every time, before her car left the road, Oakes would see her sons Travis and Gavin, and imagine them calling to her - Mom. No. Just hang on. It's love for her boys, now 16 and 13, that has kept her going.

During the darkest moments of our economic troubles, the *Charlotte Observer* ran a series about depression, and featured Angela. She openly shared her story and the message that hope is real, help is available, and that we all need to come out of the darkness and begin the conversation about suicide in Mecklenburg County. Mecklenburg Area Mental Health and its community partners worked with Angela to have her featured in the film, *This Will Pass: Suicide Prevention*, in which she openly described the mental anguish she experienced in the depths of her depression, and that there is a way out. Her candor and willingness to "tell it like it is" is refreshing and so honest that viewers cannot ignore the strength in her survivorship.

She discusses how consumers can incorporate

cognitive behavioral therapy techniques in conjunction with medication to "re-train" your brain-to recategorize thoughts and feelings and that these disparate "feelings are temporary. They will pass." In essence, Angela's comments helped title the film, and she has continued to reach thousands of people throughout the community with her message of hope. Angela wants others to benefit from her experience and to not hesitate for one second to pick up the phone and tap into local resources.

About the Program

In April 2009, the Charlotte-Mecklenburg Police Department reported a 55 percent increase in suicide attempt rates locally for that month. In response to this startling statistic, Mecklenburg County Area Mental Health joined forces with the Mental Health Association of Central Carolinas, CMC-Randolph, Charlotte-Mecklenburg Police Department, Charlotte-Mecklenburg Schools, Crisis Intervention Teams and The Mecklenburg County Sheriff's Office to alert the public to a collaborative community-wide plan to address these concerns. Community partners produced a collaborative public education, training and prevention campaign to raise awareness about the signs and symptoms of adult depression and suicidal ideation and explain that anyone-clinical or not, can play a role in preventing suicide.

For more information, please contact Jill Scott, M.A., Information/Education Coordinator, Mecklenburg County Area Mental Health at (704) 336-3793 phone or jill.scott@mecklenburgcountync.gov.

Young Men of Integrity, The Cognitive Connection

Mental Health Partners of Catawba County



L - R: Phrank Moses and Chris Johnson

...he wanted to do better as a result of growing up without a father and watching his mother struggle with her addiction living in motels and sometimes on the street.

About the Program

In 2005, The YMI was a vision that Chris Johnson had for young men in Catawba County. His vision was to create a positive environment for young men ages 9-18 to learn the skills to become productive and successful. He created a mentoring group to educate youth about gangs, teen pregnancy, peer pressure, substance abuse, and community volunteerism. Chris realized the power of community connections and involvement. These partnerships allow the group to grow and experience many diverse connections and opportunities. Youth are active participants in coordinating and carrying out responsibilities for many events such as health fairs, school fairs, block parties, fundraisers, and other community functions.

To learn more contact Melissa Cline at (828) 323-8032 or melissac@mentalhealthpartners.org.

Another Leader Named Moses

by Chris Johnson

When I think of a young man who has benefited greatly from the Young Men of Integrity (YMI) program, I think of Phrank Moses. It was at the Exodus Missionary Outreach Church where I first met Phrank and his mother during a church service. Phrank was 13 and in the 8th grade. His grades were suffering, he was labeled a problem kid in class and he had low self-esteem. One of the things I liked about Phrank was that he wanted to do better as a result of growing up without a father and watching his mother struggle with her addiction living in motels and sometimes on the street. His mother eventually beat her addiction.

Phrank was shy and not outspoken, but was eager to learn the things we had to offer through our YMI curriculum. He was like a sponge absorbing everything that came his way. I began to invite him to speaking engagements. One day I asked Phrank to say a few words during a presentation about what the program meant to him, and I was amazed at the words that came from his heart and his mouth. He spoke with confidence and he liked it. That day a leader was born.

As Phrank progressed, I began to elevate him into more challenging roles as a leader and eventually, he became the president of YMI. When we had community service projects, fundraisers and presentations, he was out front as the face of the program. Once he got to Hickory High, he continued to excel in his schoolwork, organization, communication, and his overall leadership skills improved. Phrank modeled leader qualities and other youth in the program began to trust him and follow his example.

He joined the Key Club at Hickory High and he was asked to run for president of the Key Club his senior year. Phrank came to me doubting if he could do it. I told him "You have been training for this all your life. Step into your calling." He ran and was elected.

Phrank was modeling things he had been taught in the YMI program through community service, fundraisers, public speaking, and going to trainings at the state level. During Senior Awards day Phrank was voted "Student of The Year" by The Hickory High Student Body. It was the icing on the cake.

Phrank is now attending college majoring in criminal justice with his eye on becoming a member of the secret service. There is no doubt in my mind this young man will realize his dreams.

Chris Johnson is the Founder, Facilitator and Mentor of the Young Men of Integrity Program.

Point in Time Count

Mental Health Partners

From Homeless to Homeless Advocate, then a New Life

“He (Keith) is the person who made us aware of the folks who were homeless, but not likely to come out for the Count. He offered to go into the tent cities to talk to his peers and collect the required data.”

Keith was homeless off and on for more than six years. At 52, he had a substance abuse and anxiety disorder.

Keith was very personable and interested in becoming involved with the Point in Time Count Committee. He attended a few meetings prior to the 2009 Count. Teena Willis, Housing Coordinator, Mental Health Partners, remembers Keith's help in the process, “He is the person who made us aware of the folks who were homeless, but not likely to come out for the Count. He offered to go into the tent cities to talk to his peers and collect the required data. As it turned out, the Count was on a very cold and rainy day in 2009 and Keith physically carried numerous filled backpacks into the tent cities himself.”

After that, Keith began to get more involved in the Point in Time Count meetings and became a consumer representative on the Continuum of Care Committee.

Keith's self worth and self esteem grew. He was connected to others in a somewhat formal way and soon became an advocate for the homeless. He was often the “go-to” person when the media needed a quote or insight to the homeless world. Helping others seemed natural for Keith.

Although it took quite a while, Keith got a full time job in May of 2010 and moved into his own apartment in August 2010. It appears that Keith is well on his way to being stable and a productive member in our community.



About the Program

The cornerstone of the Point in Time Program effort is the extensive work that is done to engage the public and to prepare the materials. The program involves having 250 backpacks and numerous sundries donated. These are used as incentive to bring the homeless out in order to be counted.

A month prior to the actual count, Mental Health Partners leads an intense effort to collect 250 donated backpacks and items to fill them. A few days before the count, volunteers fill the backpacks with warm blankets, 8' X 10' tarps, 1 liter bottles of water, 2 cans of tuna (or other pop top can meat), 2 cans of fruit (pop top), 1 qt. can of stew beef (pop top), 1 heavy sweatshirt (L or XL), 1 toboggan/knit cap, 1 pair gloves, 1 can opener, 2 pair of socks, batteries and a flashlight.

Throughout the County, three counting stations are set up. In addition to receiving the filled backpacks, those who come to be counted are provided with lunch, free health screening, free HIV testing and free H1N1 and seasonal flu shots.

Depending on the information shared between the individual who is homeless and the person collecting the data, referrals can be and are made for services and treatment.

Awareness about homelessness, new partnerships and building trust with homeless individuals have resulted from this program.

For more information, contact Teena Willis at teenaw@mentalhealthpartners.org.

Fourth Annual FUNd

CenterPoint Human Serv

"As both a consumer and volunteer, FUNday lifts my spirit because I know what I'm doing is good for others and you can just tell that it's something everyone enjoys."

Tim Blake, a 59-year-old mental health consumer diagnosed with bipolar has volunteered on the FUNday committee since its inception and has served as an event volunteer each year, grilling hot dogs. Despite his everyday responsibilities, including being an active member of CFAC and an employed Certified Peer Support Specialist, Tim says being a part of FUNday is worth the extra commitment.

Tim thinks he can sum up the benefit of FUNday pretty easily for himself and others. He says, "As both a consumer and volunteer, FUNday lifts my spirit because I know what I'm doing is good for others and you can just tell that it's something everyone enjoys." FUNday provides an avenue for producing memories that impact a person's wellbeing according to Tim. "I know a lot of the consumers who attend FUNday personally and everyone I speak to tells me that just being there makes them feel better. I know it makes me feel better."

Tim thinks FUNday also shows consumers that they can be a part of something "big" and when they see fellow consumers volunteering, it can be empowering. He explains, "Volunteering is very critical to recovery in my opinion. Once you get involved, you find out your really not alone.

Not to be cliché but it's an opportunity to give back - you know, return the favor. I wouldn't be here today if others hadn't helped me. I think FUNday gives people the opportunity to have fun and to see that they can make a difference."

He adds, "This year I was stopped numerous times and was told 'thank you' by consumers. Nothing can top the reward of a 'thank you' from a person on crutches or in a wheel chair because I know it is genuine and from the core of that person."

CenterPoint Human Services and the Stokes County Mental Health Association sponsor this event each year and gather committee members and over 40 event volunteers from various places including CFAC and System of Care Community Collaboratives.

About the Program

The mission of FUNday is very simple: Break down MH/DD/SA stigma-related barriers by providing a venue where consumers, families and the community at large can get together to focus on one thing - FUN! This event gathers consumers together in a "service free" atmosphere and allows positive interaction between consumers and community. Together consumers and community members attend this fair-like event which has free food, games, fishing and entertainment.

Allowing consumers the opportunity to gather at an event which is free of service related topics gives them the ability to be themselves, an outcome which is wholeheartedly supported by all who attend.

To learn more about FUNday, contact Michael Cottingham, Public Affairs Officer for CenterPoint Human Services at mcottingham@cphs.org or call 336-714-9132.



A Wellness Path - Recovery, WRAP & Peer Support

Pathways Mental Health, Developmental Disabilities & Substance Abuse

People Helping People - a Path to Recovery

After consulting with the Pathways Peer Support Specialists, I called Lucy (not her real name) for an interview. Lucy spoke frankly, and with some emotion, discussed the history of her illness, the diagnoses made over a period of time, and her recovery path to wellness. While there were significant events, Lucy spoke of the people, their influence, and the importance of relationships, friendships, and trust.

Lucy's earliest diagnosis was "manic depression" given to her about twenty years ago. She recalled the trial and error of medication and dosage. Lucy specifically mentioned a therapist named Beth with whom she "bonded" and believed in very deeply. "Beth helped me so very much; she went on to counsel addicts back when we were not

Lucy says her WRAP group is more than a recovery group. "We exchange phone numbers and when one of us gets upset or lonely, we can call each other for support."



Participant in the Pathways Wellness Program

sure what an addict was."

About the Program

Since 2006, The Wellness Path: Recovery, (WRAP) Wellness Recovery Action Planning and Peer Support, has been an effective strategy to carry the recovery message to consumers with mental health and substance abuse problems at no cost to providers, Local Management Entity staff, community stakeholders or consumers.

Depending on the target audience, WRAP's emphasis has been and continues to be awareness, education, and information. The strength of the WRAP philosophy is that this is a strategy structured to involve the mental health consumer in a true Recovery Model emerging best practice. Recovery is for more than the substance abuse consumer. The core components of WRAP and Peer Support; hope, self-direction, person-centeredness, strength-based, responsibility, education, and empowerment, fit very securely into a program of wellness led by consumer for consumers.

A Peer Support Specialist has: similar backgrounds as their peers, suffered difficulty and hardship due to the nature of their own mental illness experience, demonstrated the ability to cope with their illnesses, a desire to help others, and received training for their role.

For more information, contact R. Nelson Connor, Pathways Consumer Affairs & Customer Services Director, at (704) 884-2505 or nconnor@pathwayslme.org.

A psychiatrist continued to serve Lucy when she moved and arranged for her Medicaid to be within his practice. She has not forgotten his kindness and the therapy his staff delivered to her benefit. "Please mention Dr. C; he helped me understand what was going on."

Now twenty years removed from the original diagnosis, Lucy has overcome the original fear of being an addict/alcoholic and concentrates on her medications and the support she receives from a coping skills group and the Wellness Recovery Action Planning (WRAP) groups she attends. Very recently she completed a six-hour WRAP training and continues to work on her own Wellness Recovery Action Plan. Lucy says her WRAP group is more than a recovery group. "We exchange phone numbers and when one of us gets upset or lonely, we can call each other for support." We all trust one another and can release our feelings. I believe I can be a Peer Specialist too. I may not work, but I know that more information might help me help my friends."



Reclaiming Futures

Cumberland County Mental Health Center

Reclaiming Futures: A Court Program that Helps, Not Punishes

In just a little over a year from the time Chris came to the attention of the court and other agencies, his life has changed for the better. With a combination of court, probation and the Reclaiming Futures program, he is succeeding at home, at school and in the community and is eager to continue.

14 years old and had missed numerous days from of school. There were no adequate resources to ensure he was being supervised while his grandfather was working.

Chris became involved with drugs at a very young age. He was using marijuana and cocaine and was charged with possession of a controlled substance and drug paraphernalia in August, 2009.

Chris's case appeared to be a good match for Reclaiming Futures (RF). Chris and his family started the program in November of 2009, before probation began. It should also be noted that Chris tested positive for marijuana on the date that he was "officially" placed on probation. He had never had any treatment before, but was motivated to try as was his grandfather.

Upon being referred to RF, a Child and Family Team (CT) meeting was held. The Team meeting included anyone that was important to Chris and his family, but also professionals who would become part of the treatment process. Chris and his grandfather started attending individual and family sessions. Chris also started having monthly CT team meetings and reviews in front of his juvenile court judge. The court was given updates on his progression and the program. These reports kept getting better and better as time went on. He was testing negative and doing better in school. His attendance was remarkably better after the court became involved. Chris currently has 15 negative drug screens in a row. He is set to successfully complete the formal treatment part soon. Chris has said that he is actually sad that he will be graduating. He has enjoyed working with the substance abuse therapists as has the grandfather. Chris also received help with relapse prevention, stress and anger management skills, healthy coping skills and addiction education.

In just a little over a year from the time Chris came to the attention of the court and other agencies, his life has changed for the better. With a combination of court, probation and the Reclaiming Futures program, he is succeeding at home, at school and in the community and is eager to continue.

Chris' family history reveals a long list of problems and concerns. His mother has an extensive past of substance abuse and Chris has never met his father. Chris was living with his grandfather and older brother (a high school dropout) at the time he came to the attention of the court system for truancy in June 2009. He was

About the Program

Reclaiming Futures (RF) is focused on court involved youth – turning their lives around early in the process, before it is too late. It is a highly collaborative program that involves families and consumers. In Cumberland County, the courts, mental health/substance abuse, child welfare, education, nonprofits and faith organizations, as well as parents and consumers partner to effectively make this best practice model work. RF is driven by a collaborative planning model, where a District Court Judge, Chief Court Counselor, a treatment provider professional, a community advocate, and the project director - collectively, called the "Change Team" - rely on youth and family input, and match that input with evidence-based, best practice services for effective outcomes.

For more information on the Reclaiming Futures program, contact Debbie Jenkins, DCSW, Local Mental Health Administrator, Cumberland County Mental Health at (910) 222-6354 or djenkins@mail.ccmentalhealth.org or Dachia Davis, Reclaiming Futures Project Director at (910) 222-6071 or ddavis@cccommunicare.org.

CIT Telecommunicator Training

East Carolina Behavioral Health

Officer Johnson wants them to pause and consider that the person on the other end of the line could be “screaming” for help. That person may not be just a drunk, but someone who could benefit from being heard and counseled.



Officer Chris Johnson is a telecommunication/dispatch supervisor at East Carolina University (ECU) Police Department and is Crisis Intervention Team trainer. CIT training is mandatory for all ECU police officers.

Officer Johnson believes in the value of CIT training and recommends it for all public service officers. In fact, he believes that it should be part of the law enforcement curriculum.

One officer received a call from a person who desperately needed to talk to a counselor. The protocol is to get the contact information and have the counselor call the person back. Instead, because of the immediate crisis and in order to not lose contact with the person, the officer put the call straight through to the counselor.

Officer Johnson has seen an attitude change in most of the telecommunicators who have participated in the CIT training. A few officers are having a hard time adjusting to a new way of doing things. Officer Johnson wants them to pause and consider that the person on the other end of the line could be “screaming” for help. That person may not be just a drunk, but someone who could benefit from being heard and counseled. It could be someone who is having a really bad day and if the officer can change his/her attitude from “there is a protocol to follow” and only one way to handle this to asking questions and responding in an empathetic manner the outcome may be better for all. This change is a direct result of the CIT training.

Deputy John Maynard, Pitt County Sheriff Department telecommunicator is a recent graduate of the CIT training. He describes how he has used the training at work, “I took a call from a suicidal female who was threatening to jump from an overpass on US 264. I was able to speak with her and divert her attention to my questions long enough for Deputies to arrive, who were CIT trained as well, and speak with her face to face and get her the help she needed.”

About the Program

East Carolina Behavioral Health (ECBH) LME utilizes local county funds and contracts with Pitt County Sheriff's Office to provide 16-hour CIT Telecommunicator training.

The design, planning, and implementation of the 16-hour telecommunicator/dispatcher training involves collaboration with and input from law enforcement officers, consumers and family members, ECBH LME, Pitt Community College, and several mental health entities. Sgt. Carlton Williams, Greenville PD Training Coordinator and CIT Training Instructor, helped design the program and includes real life scenarios based on calls he receives while working overtime as a telecommunicator. He provides telecommunicator expertise, as well as Certified Law Enforcement experience into the implementation of the training.

For more information, contact Bonnie Currie, Crisis Intervention Training Coordinator, Pitt County Sheriff's Office, bmcurrie@pittcountync.gov, (252) 902-2723 or (252) 714-1924.

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Old Vineyard has a total of 54 acute beds including an 18 bed adolescent unit and will be adding 50 additional acute adult beds in September 2011. Old Vineyard is accredited by The Joint Commission.

Old Vineyard is also becoming a Jason Foundation site in October 2011, the Jason Foundation being a non-profit organization whose goal is the prevention of youth suicide programs of awareness and prevention.

Old Vineyard Behavioral Health Services
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www.oldvineyard.net



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2011 Conference and Exhibition
Pinehurst Resort and Country
Club
Pinehurst, NC
On
December 6, 2011

Nomination Forms at www.nc-council.org

Past Excellence Award Winners

Excellence in Best Practice Services

- ◆ '05 Foothills Area MH/DD/SA Program - Housing and Community Services Program
- ◆ '06 Mecklenburg County MH/DD/SA Authority – LifeSpan Supported Employment Program
 - ◆ '07 The Durham Center – Integrated Dual Disorder Team Ester Seals ASAP Program
 - ◆ '08 Pathways MH/DD/SA Program – Pathways Medical Services
- ◆ '09 Pathways MH/DD/SA Program – Community Care of North Carolina Collaborative Partnership

Partnerships to Improve Services

- ◆ '05 Southeastern Regional MH/DD/SA Services, Crisis Community Collaborative
 - ◆ '06 Wake County Human Services – Crisis Intervention Team
- ◆ '07 Orange-Person-Chatham MH/DD/SA Authority – Caring Family Network Community Resource Court
 - ◆ '08 Cumberland County Mental Health Center – Mental Health Collaborative
 - ◆ '09 Onslow Carteret – Teens N Transition 2nd Annual Youth Summit

Crisis Response

- ◆ '05 Foothills Area MH/DD/SA Program - ACCESS to Care Crisis Response
 - ◆ '06 Southeastern Regional MH/DD/SA Services – Mobile Crisis Team
 - ◆ '07 PBH – Daymark Recovery
- ◆ '08 Crossroads Behavioral Health and EasterSeals UCP – Mobile Crisis Management
 - ◆ '09 Cumberland County Mental Health Center – Child Respite Center

Prevention/Outreach and Wellness Programs

- ◆ '05 The Neuse Center - The Oasis
 - ◆ '06 – no award given
- ◆ '07 Mecklenburg County Area MH/DD/SA Authority – Fighting Back
 - ◆ '08 Alamance Caswell LME – Smoke Free Restaurant Campaign
 - ◆ '09 Eastpointe – Methamphetamine Summit

Community Collaboration to Benefit Non-Target Population Consumers

- ◆ '05 New River Behavioral Healthcare - Avery Family Impact
- ◆ '06 Alamance Caswell-Rockingham LME – Spit Tobacco Clinic for Players and Coaches
 - ◆ '07 Wake County Human Services – CHOICE Program
- ◆ '08 Cumberland County Mental Health Center – Teens Making a Change
 - ◆ '09 Eastpointe – Fun to Fatal Program

Consumer Directed Supports

- ◆ '05 Foothills Area MH/DD/SA Program - Client Advocacy Department
 - ◆ '06 East Carolina Behavioral Health Center – Peer Run Services
- ◆ '07 Mecklenburg County MH/DD/SA Authority – Mecklenburg's Promise
- ◆ '08 East Carolina Behavioral Health Center – The HOPE Station Recovery & Peer Support Center
 - ◆ '09 East Carolina Behavioral Health – Second Mile Project

Public Awareness and Advocacy

- ◆ '05 Five County Mental Health Authority - Positive Change
- ◆ '06 Crossroads Behavioral Healthcare – Reconnect Communications Program
 - ◆ '07 The Durham Center – Durham Recovery Culture
- ◆ '08 Cumberland County Mental Health Center – Access to Information
- ◆ '09 Mecklenburg MH/DD/SA Authority – Ask Me How I Am Campaign

North Carolina Council
of Community Mental Health,
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